# Parental Permission for Participation of a Child in a Research Study Touro University

The effects of socio-emotional journaling on Adverse Childhood Experiences (ACES).

## Description of the research and your child's participation

You are invited to participate in a research study conducted by Catalina Goldstein. The purpose of this research is to gather data on how our students' improve over the course of the school year.

Your child's participation will involve a baseline assessment and journaling over the course of the school year to see whether or not this journaling has an effect on test standardized test scores.

The amount of time required for your child's participation will be during the 2018-2019 school year.

#### Risks and discomforts

There are certain risks or discomforts associated with this research. They include emotional discomforts. However, at any point that the class feels unable to participate the students may pause to talk together about how they feel.

#### **Potential benefits**

Your student may experience increased executive function and a better understanding of their emotions as they relate to their learning style. This research may help us to understand the effects of Adverse Childhood Experiences and Socio-Emotional Learning.

## Protection of confidentiality

We will do everything we can to protect your child's privacy. Your child's identity will not be revealed in any publication resulting from this study. During data collection and discussion, your child's identity will be marked using a number code in a locked cabinet.

## Voluntary participation

Participation in this research study is voluntary. You may refuse to allow your child to participate or withdraw your child from the study at any time. Your child will not be penalized in any way should you decide not to allow your child to participate or to withdraw your child from this study.